

Freund Canyon Trail

Distance 8 mile loop
Elevation Gain 1400 feet
Trail 70% single track
Ride Counter Clockwise
4 Water Crossings on Downhill



From Mountain Home Lodge
Distance 21 miles rountrip
Elevation Gain 3800 feet

Notes: Perhaps one of the best single track rides in the Pacific Northwest. The downhill, with its water bars and creeks, keeps most riders in check. A great epic ride from the Lodge and lunch in Leavenworth.

To Leavenworth
approx. 2 miles